



Out of Hours School Care Sleep and Rest Policy

Policy Statement

Apollo Parkways out of School Hours Care (OSHC) aims to meet the needs of all children and families in the service in relation to rest and sleep.

Procedures and Practices

- Provide an area on the couch or one of the foam lounges where children may lay down to rest or sleep.
- Pillow and blankets may be provided.
- If a child is feeling unwell, a parent will be contacted.
- Children will be allowed to sleep uninterrupted if they fall asleep.
- Parents will be notified when children are collected that their child has had a sleep during the OSHC session.

Sources

Guide to the Education and Care Services National Law and the Education and Care Services Regulations 2011. Regulation 81. Sourced December 2018.

Date Reviewed:
December 2018

Next Review Date:
December 2021